



Bikram Yoga Baltimore



Agreement of Release and Waiver of Liability

Please Print Clearly, Fill Out All Parts Completely

Full Name _____ **Birthday** ____/____/____

Street Address _____

City _____ **State** _____ **Zip** _____

Phone _____ **Email** _____

Emergency Contact: _____ **Phone** _____ **Relationship** _____

Referred by: (Please Circle)

(Internet) (Advertisement) (Newspaper) (Phone Book) (Brochure) (Friend): _____

1. I am or will be participating in Yoga Classes, Health Programs, or Workshops offered by Bikram Yoga Baltimore (Bikram Yoga Baltimore, LLC and Harbor East Yoga, LLC) during which I will receive information and instruction about yoga and health. These classes entail intensive physical activity (conducted in a heated room—approximately 105 degrees Fahrenheit) and exertion by me. I recognize that such physical activity and exertion may be difficult and strenuous, and may cause or aggravate a physical injury or medical condition. I am fully aware of and accept the risks and hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participating in the Yoga Classes, Health Programs or Workshops, and to receive prior approval to participate. I represent and warrant that I am physically fit, and I have no medical condition or injury that would prevent my full participation in the Yoga Classes, Health Programs, and Workshops.
3. In consideration of being permitted to participate in the Yoga Classes, Health Programs, or Workshops, I agree to fully assume all responsibility for any risks, conditions, injuries or damages, known or unknown, which I might incur or aggravate as a result of my participating in same.
4. In further consideration of being permitted to participate in the Yoga Classes, Health Programs, or Workshops (the "Programs"), I knowingly, voluntarily, and expressly waive any claim I may have or acquire against Bikram Yoga Baltimore (Bikram Yoga Baltimore, LLC and Harbor East Yoga, LLC), or the landlords or any premises at which it may operate, for any injury, condition or damages that I may sustain as a result of entering or being on the premises or participating in the Programs. I agree that Bikram Yoga Baltimore (Bikram Yoga Baltimore, LLC and Harbor East Yoga, LLC) is in no way responsible for the safekeeping of my belongings.
5. I, my heirs or legal representatives forever release, waive, discharge and covenant not to sue Bikram Yoga Baltimore (Bikram Yoga Baltimore, LLC and Harbor East Yoga, LLC), Bikram Choudhury, or the Landlords of any premises at which it may operate, for any injury, condition, or death which arises, is caused by or is aggravated by reason of my participation in the Programs.
6. In understanding that it is my continuing responsibility to inform the instructor(s) at Bikram Yoga Baltimore of any previous medical conditions, injuries or surgeries prior to my first class and at such other times as I acquire information as to same.
7. The tuition paid herewith and such registration fees paid hereafter are non-refundable, such refunds, if any, as are made shall be entirely within the discretion of Bikram Yoga Baltimore, LLC.

Please list any previous conditions, ailments, injuries and/or surgeries:

8. I also understand that, except for a monetary refund, I have no claims against Bikram Yoga Baltimore (Bikram Yoga Baltimore, LLC and Harbor East Yoga, LLC), or the landlords of the premises (except for monetary refund) by reason of their refusal to allow me to participate in the Programs.

I have read the above Release and Waiver of Liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Signature

Date